

You must wear a mask at Vanderbilt University Medical Center.

We want you to get the care you need while avoiding infection during your visit.

- ▶ **If you visit a clinic or have a procedure:** you must wear a face mask at all times.
- ▶ **If you are admitted to the hospital:** you must wear a mask when other people are in your room. You may take off your mask when you eat, sleep, or are alone in your room.



Your mask should be held on with ties or ear loops.



It should fit comfortably (but snugly) against the side of your face, and not restrict your breathing.



Do not touch your mask while you are wearing it.



When you take off your mask, do not touch your eyes, nose, or mouth.



Wash your hands immediately.



Cloth masks should not be put on:

- children under 2
- anyone who has trouble breathing
- anyone who is unconscious
- anyone unable to remove their mask without help.