

Can I go to work after my COVID-19 vaccine?

After you get shot 1 or 2, watch for symptoms and follow the steps below.

No symptoms	Vaccine site symptoms only, including: redness, pain, or swelling in the arm where you got your shot.	New onset of ANY of these symptoms: <ul style="list-style-type: none">• chills• muscle aches• headache• fever of 100°F (37.7°C) or higher.	New onset of ANY of these symptoms: <ul style="list-style-type: none">• loss of taste or smell• cough• sick stomach, throwing up, or diarrhea• shortness of breath• upper respiratory symptoms, including congestion, and sore throat.
Can go to work	Can go to work <ul style="list-style-type: none">• These signs are a reaction to the vaccine.• If they don't get better, talk to your provider.	May need to stay home based on when symptoms start <ul style="list-style-type: none">• If signs start within 48 hours and last no more than 48 hours, they may be a reaction to the vaccine. You can go to work.• If signs last more than 48 hours or start 48 hours after vaccine, they're not likely a reaction to vaccine.<ul style="list-style-type: none">– Do not go to work.– Go to a VUMC assessment site for COVID test.	Should stay home <ul style="list-style-type: none">• These signs are not likely a reaction to the vaccine.<ul style="list-style-type: none">– Do not go to work.– Go to a VUMC assessment site for COVID test.

Keep following all COVID-19 safety guidelines, including wearing a mask and social distancing.

Use your smartphone to let the CDC know about any side effects. Learn more about the V-safe After Vaccination Health Checker: cdc.gov/vsafe.